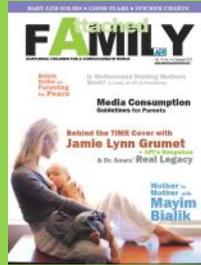# API Publications

Attachment Parenting International's publications aim to educate and support parents in choices that promote secure parent-child attachment, known as Attachment Parenting, and that fall within API's Eight Principles of Parenting. API promotes parenting practices that create strong, healthy emotional bonds between children and their parents. Through education, support, advocacy and research, our principal goal is to heighten global awareness of the profound significance of secure attachment—not only to invest in our children's bright futures, but to reduce and ultimately prevent emotional and physical mistreatment of children, addiction, crime, behavioral disorders, mental illness, and other outcomes of early unhealthy attachment. All of API's publications are available through API's free membership program.

Opportunities to submit guest articles are discussed below. Open volunteer staff positions can be discussed with Heather Hoskinson, volunteer coordinator. Since API provides its publications as a service to all families free of charge, authors are not compensated for articles. However, each article gets widespread exposure through API resources, partners, and social networks and furthers the mission of serving all parents in raising compassionate, connected children.
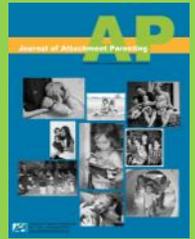
Periodicals

Attached Family

Attached Family is a quarterly magazine that explores themes in parenting through the lens of API's Eight Principles of Parenting. Most features are obtained by invitation. Guest submissions may be accepted if they fit a specific theme and direction, and are of high quality, journalistic style with references available upon request. This magazine works on a lead time of 6 months to 1 year within an editorial framework determined by prior discussions through API's Editorial Review Board; therefore, guest submissions accepted will be of limited topics. Send queries to Rita Brhel, managing editor. Photo submissions are also accepted if at least 300 ppi resolution.

Journal of API

Journal of API is an annual review of research supportive of the secure attachment-promoting parenting choices within API's Eight Principles of Parenting. For more information, contact Art Yuen, managing editor.

Blogs

The Attached Family

The Attached Family is the online companion to API's *Attached Family* magazine and includes feature and how-to posts from parents, parent educators, authors, and other professionals on a variety of topics within API's Eight Principles of Parenting. Posts are provided through a core team of authors with guest posts accepted regularly. Contact Lisa Lord, managing editor, for submission guidelines.

APtly Said

APtly Said is API's blog for parents written by parents striving to embrace API's Eight Principles of Parenting in their families on a daily basis. Posts are provided through a core team of bloggers with guest posts accepted regularly. Contact Courtney Sperlazza, managing editor, for submission guidelines.

Newsletters

Parenting This Week

Parenting This Week is a weekly companion to API's *The Attached Family* online magazine showcasing a timely article from the online magazine. Direct questions to Lisa Lord (submission guidelines) or Samantha Gray (other questions), co-editors.

API Links

API Links is a monthly newsletter highlighting Attachment Parenting in the news. Send links for possible inclusion to Camille North, editor.

Parent Compass

Parent Compass is a bimonthly message from API's cofounders on the societal impact of Attachment Parenting. This publication does not accept guest submissions. Direct other questions to Rita Brhel, API's publications coordinator.