

The API Community of Practice

Extensive, long-term research indicates that children with secure attachments:

- ◆ Develop into more secure, more independent individuals
- ◆ Are more capable of forming healthy emotional relationships in adulthood
- ◆ Are more likely to embrace opportunities in life
- ◆ Demonstrate stronger leadership and social skills
- ◆ Experience more confidence throughout their lives

With this research and practice, API has discerned the conditions vital to the optimal development of children. These conditions are at the core of API's educational mission and are encompassed in API's Eight Principles of Parenting:

1. Prepare for Pregnancy, Birth, and Parenting
2. Feed with Love and Respect
3. Respond with Sensitivity
4. Use Nurturing Touch
5. Ensure Safe Sleep, Physically and Emotionally
6. Provide Consistent, Loving Care
7. Practice Positive Discipline
8. Strive for Balance in Your Personal and Family Life

API's Education, Support, and Outreach Mission

- ◆ To communicate and act on this information, API offers a network of accredited API Leaders facilitating Support Groups nationwide to serve members and nonmembers alike.
- ◆ API's website houses a wealth of information, support, and products for parents and the professionals who serve them. A robust online forum community, educational podcasts, multimedia web events, monthly book discussions, and a comprehensive database of frequently asked questions are just a few of the active resources available through API's website.
- ◆ *The Journal of API* offers quarterly support and education to members of API. With the goal of bringing the latest research and information to parents and professionals, the publication provides a unique balance of scientific articles and inspirational stories. API continually works to make additional resources available to members and the community.

Please visit the API website for resources and research supporting the practice of Attachment Parenting.

AttachmentParenting.org
800-850-8320
professionals@attachmentparenting.org
PO Box 4615
Alpharetta, GA 30023
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API Board of Directors

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Support API

API is a 501(c)(3) non-profit organization supported by memberships, donations, and volunteers. API accomplishes a great deal with efficiency — incurring only minimal expenses by employing a small staff, engaging a large devoted volunteer base, and managing the organization in a virtual office environment. This organizational model enables API to have nationwide impact while getting the most out of every dollar. If you believe in the value of our mission to educate and support all parents in raising secure, joyful, and empathic children in order to strengthen families and create a more compassionate world, please join with us today and choose API as your charity. Visit attachmentparenting.org for more information about how you can donate, join, or volunteer.



Attachment Parenting International Professionals



Professionals incorporating Attachment Parenting in their work engage in one of the most effective and empowering prevention strategies possible: Nurturing families and communities by building strong connections between parents and their children.

Concern about an emerging generation of children who are increasingly aggressive, depressed, manipulative, and non-resilient increases the urgency of our efforts and our collaboration. Already these children are part of a growing population of emotionally and behaviorally troubled youth. Studies have shown that the major contributing factor to problem behaviors is a lack of secure and healthy attachment to a parent or other adult primary caregiver.

Attachment Parenting International (API) analyzes and disseminates the work of researchers in psychology, child development, and brain science who have studied and applied the behaviors and outcomes of attachment theory for more than 60 years. API applies this knowledge to parenting practices, helping professionals serve parents and helping parents regain trust in their intuition when it comes to raising their children.

Join the association of professionals affiliated with API:

Physicians	Specialists
Therapists	Counselors
Researchers	Consultants
Educators	Authors
Speakers	Trainers
Health workers	Teachers

API membership is a community built on the connected relationships that you value. Consider being a part of an organization working every day to create a more compassionate world.

API Professional Memberships

API Professional Associate

API recommends the Professional Associate level of membership to individuals who promote Attachment Parenting through their professional endeavors. Membership is open to anyone whose job impacts the physical, psychological, or emotional health of children and families. Benefits include:

- ◆ Membership in a network committed to the welfare of children and our community
- ◆ 50% off regular API Teleclass prices
- ◆ *The Attached Family* eZine and website
- ◆ Members-only eNewsletter, API Notices and Bulletins
- ◆ API Forum participation
- ◆ *API Reads* book club with guest authors moderating
- ◆ Direct financial support of local Support Group with each membership
- ◆ 1 hardback copy of *The Successful Child* by Dr. William Sears and Martha Sears, RN (while supplies last)
- ◆ 3 copies (1 personal, 2 outreach) of API's quarterly publication, *The Journal of API*
- ◆ *The Journal of API* searchable online version
- ◆ Complementary website listing in the API Professionals section
- ◆ 3 months free Forum Business Advertising Level A
- ◆ Discounted copy of *Attached at the Heart*, by Barbara Nicholson and Lysa Parker
- ◆ Invitation to join the online API Community of Practice Forum of like-minded professionals
- ◆ Opportunity to purchase 25 additional copies of each issue of *The Journal of API* for only \$100 per year
- ◆ Ongoing access to current and freshly developed professional brochures and materials
- ◆ Renewal reminders and/or automatic EFT
- ◆ Being a valued contributor to sustaining API's mission

API Professional Colleagues & API Professional Organizations

The API Professional Colleagues and Organizations program facilitates the collaboration of professionals and organizations who promote Attachment Parenting through their work. It allows API to develop a network of individuals, professionals, and organizations to which we can refer members and request support for API projects. API Professional Colleagues commit to supporting API and subscribing to API's *Eight Principles of Parenting*. Benefits include all Associate features, as well as:

- ◆ Upon request, 25 extra issues of the quarterly *The Journal of API* for outreach at no charge. Additional subscriptions or individual issues may be purchased at significant discounts (please e-mail the Professional Member Liaison beforehand).
- ◆ Special invitation to professional events hosted by API or our partners
- ◆ Listing of AP-consistent speaking engagements, conference booths, articles, and books on API's website and in relevant API publications
- ◆ Facilitated access to research, position papers, and discussions on AP research
- ◆ Complementary and priority website listing in the API Professionals section
- ◆ 3 months free Forum Business Advertising Level B
- ◆ 1 copy of *Attached at the Heart*, by Barbara Nicholson and Lysa Parker
- ◆ Invitation to join online discussion forum for Professional Colleagues, participated in by API Founders, Board of Directors, and/or Advisory Board
- ◆ Invitation to submit articles, answer questions in *API Links* or *The Journal of API*, or provide information for FAQs on API's website
- ◆ API Professional logo for use on business cards, websites, and in other advertising
- ◆ 20% discount on advertising in API publications and API website (AttachmentParenting.org)

Attachment Parenting Month Membership Special!

15% off a one-year Professional Associate Membership or receive a free Sustaining-Level AP Month Sponsorship with purchase of a one-year Professional Colleague Membership (a \$200 value). Offer valid until October 31. Please use code: [AP Month](#).

To API, you are a professional partner. That's why we invite you to tell API about other services you would like to see API undertake. We invite you to share your response to a FAQ that has come into API, suggest content for *The Journal of API* and our e-Newsletters, and have access to the API Forum network to not only dialogue with parents and professionals but also pose a limited number of approved AP-related survey questions that help further your professional mission. Please contact your Professional Member Liaison by e-mail or at (800) 850-8320.

Professional Membership Form

Please fill out the following information and submit it to the Professional Member Liaison by e-mail at professionals@attachmentparenting.org, by fax at (800) 850-8320, or by mail at PO Box 4615, Alpharetta, GA 30023, or register online at AttachmentParenting.org and select Join Us.

- I'm not ready to sign up yet. Please include my information in your mailing list.
- API Professional Member Associate Level, \$75/year, Discount code, if any: _____
- API Professional Member Colleague/Organization Level, \$225/year, Discount code, if any: _____
- I am enclosing a donation to API for _____
- I am enclosing a monthly pledge to API for \$ _____

Member Name _____

Street Address _____

City _____ State _____

Postal code _____ Country _____

Phone number _____

E-mail address _____

Support Group to benefit, if any _____

How you heard about API _____

Website listing information: *The below information is what will be displayed on the website.*

Professional or Organization Name (for listing on website)

Area of Specialty _____

Business Address: Same as above

City _____ State _____

Postal code _____ Country _____

Phone number _____

E-mail address _____

Website _____

Listings are alphabetical by Colleagues then Associates.

API—Nurturing children for a compassionate world.